



INTRODUCTION

Message From Our Manager

Welcome to our latest Hillside Lodge Care Home newsletter.

It has been a busy few months, with residents enjoying everything from baking and chocolate tasting to live entertainment, outings and visits from some very special four-legged friends.

We have also been having great fun with our Hillside Lodge Hedgehog Adventures, which has given residents the chance to get involved in something a little different while spreading some kindness throughout our local community.

As always, thank you to our staff, families, friends and everyone in the community who continues to support Hillside Lodge. We hope you enjoy catching up on some of our recent news.

If you know someone who would like to receive our email newsletters/updates just let us know, or forward them the newsletter sign up link below:

[Sign Up Link](#)

Best wishes,

Monique McBeath
Interim Home Manager



SAVE THE DATE

DATES IN THE
Hillside Lodge Diary

We have another exciting time ahead with plenty of opportunities for residents, relatives and friends to enjoy.

Entertainment with Sadie who is a cabaret artist with her 'all aboard' show on Monday 24th August at 2pm.

Entertainment with Welsh singer Tomas on Monday 31st August at 2pm.

Next monthly church service is Tuesday 15th September at 2pm.

We have also booked 'Therapy ponies Scotland' to visit us on Thursday 10th December at 10:30am.

RECENT HIGHLIGHTS

Hedgehog Adventures

Our little knitted hedgehogs are off on their adventures!

Residents had a wonderful time helping to prepare the hedgehogs, carefully bagging them up before members of the Hillside Lodge team hid them in different places around our local community.

Each little hedgehog has been sent out with one simple mission: to spread a little kindness and hopefully bring a smile to whoever finds it.

If you are lucky enough to discover one, we would love to hear from you. Share a photo in the Hillside Lodge Hedgehog Adventures comments on [Facebook](#) and let us know what you have named your hedgehog, where you found it and where its adventure takes it next.

You can keep your hedgehog or pass it on for somebody else to find. Either way, our residents are looking forward to seeing the [photographs](#) and following their adventures.

Thank you to everyone joining in and helping us spread a little kindness around our community. And, of course, don't forget to give your new friend a little hedgehug!



Baking Together

Our residents recently spent an afternoon in the kitchen making a delicious raspberry and coconut cake ready to be enjoyed for pudding the following day.

Everyone took turns with different parts of the recipe, from weighing the ingredients and whisking the eggs to mixing everything together. It was a real team effort, with plenty of conversation along the way.

It wasn't long before the smell of freshly baked cake filled the home and everyone was looking forward to sampling the finished result. Baking continues to be a popular activity and there is always something particularly satisfying about sitting down to enjoy something we have made ourselves.

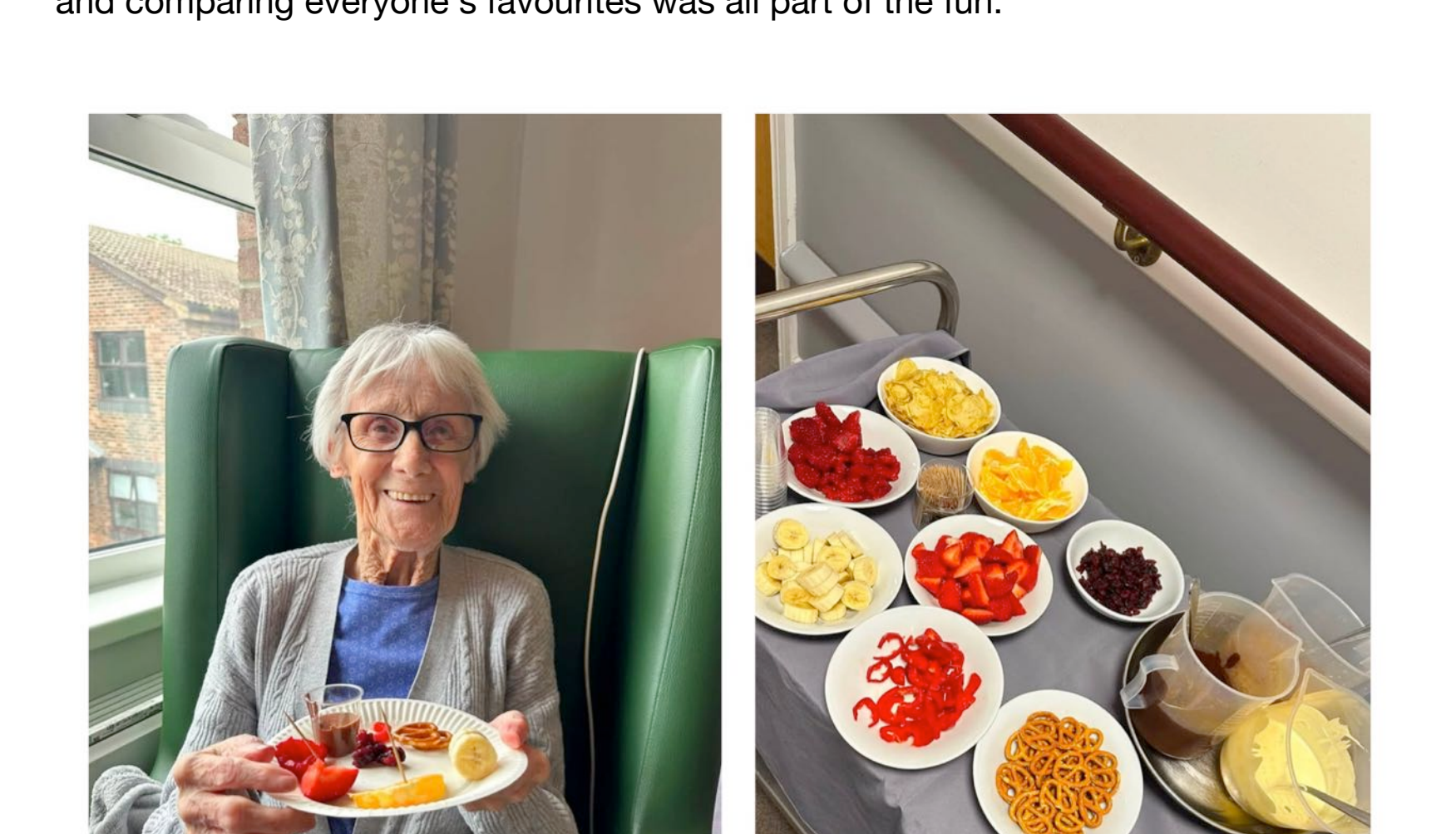


A Chocolate Tasting Afternoon

We decided to put our taste buds to the test with a chocolate tasting afternoon, and there was certainly plenty to try.

Residents sampled melted dark, milk and white chocolate alongside a selection of different foods, including strawberries, raspberries, banana, orange segments, pretzels, crisps and dried cranberries.

For anyone feeling particularly adventurous, there was even chilli to try with the chocolate. Some combinations proved more popular than others, but trying them and comparing everyone's favourites was all part of the fun.



Meet Oban

We were delighted to welcome Oban the therapy dog and his owner, Sue, to Hillside Lodge.

Oban is a beautiful 18-month-old Golden Retriever and was extremely well behaved throughout his first visit. He quickly became a hit with residents and staff, enjoying plenty of attention and affection as he made his way around the home.

We are especially pleased that Oban and Sue will now be visiting us every week, so there will be plenty more opportunities for residents to spend time with our new four-legged friend.



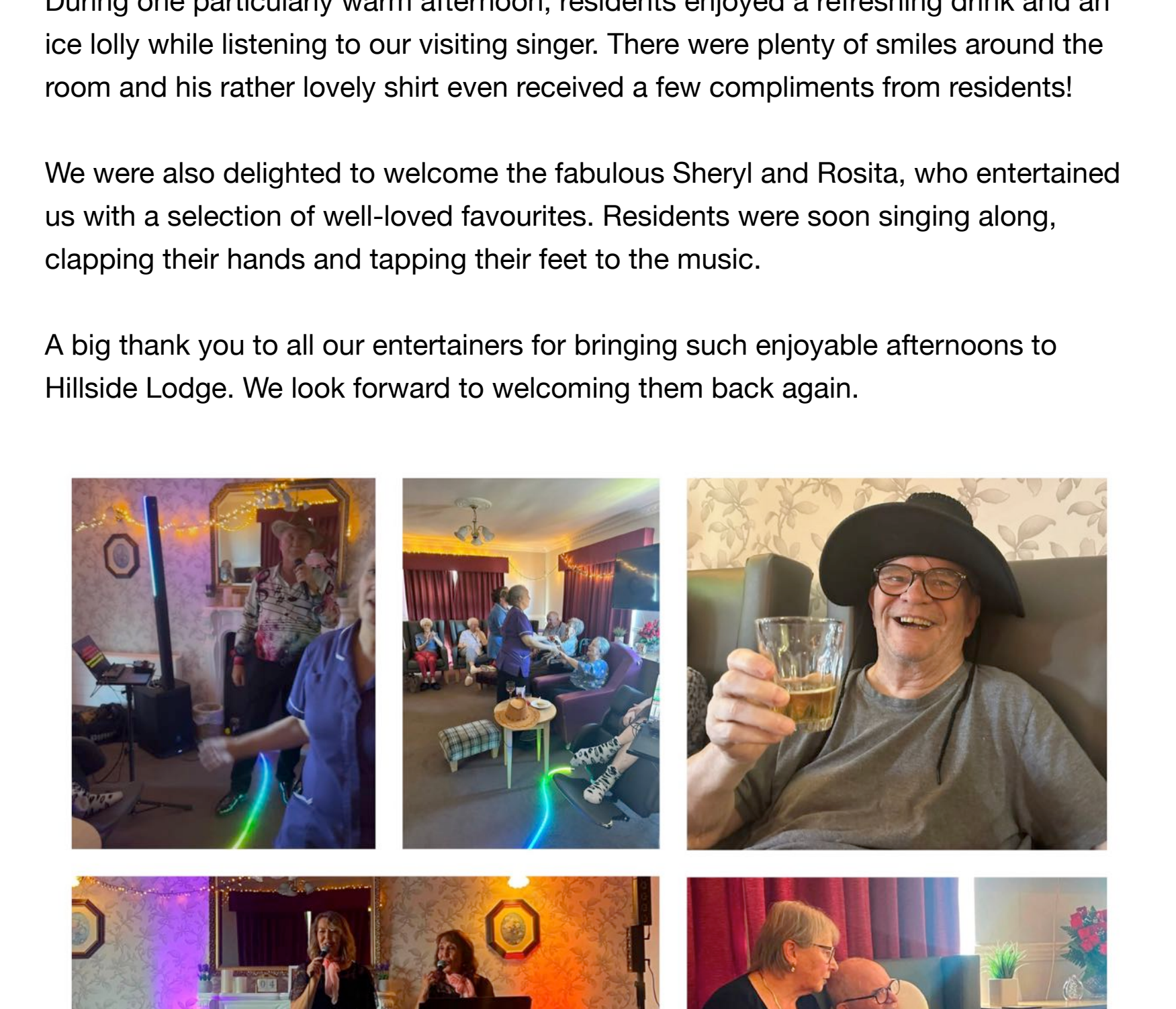
Afternoons of Live Entertainment

We have enjoyed some fantastic live entertainment recently, with plenty of opportunities to sing, clap and dance along to familiar songs.

During one particularly warm afternoon, residents enjoyed a refreshing drink and an ice lolly while listening to our visiting singer. There were plenty of smiles around the room and his rather lovely shirt even received a few compliments from residents!

We were also delighted to welcome the fabulous Sheryl and Rosita, who entertained us with a selection of well-loved favourites. Residents were soon singing along, clapping their hands and tapping their feet to the music.

A big thank you to all our entertainers for bringing such enjoyable afternoons to Hillside Lodge. We look forward to welcoming them back again.



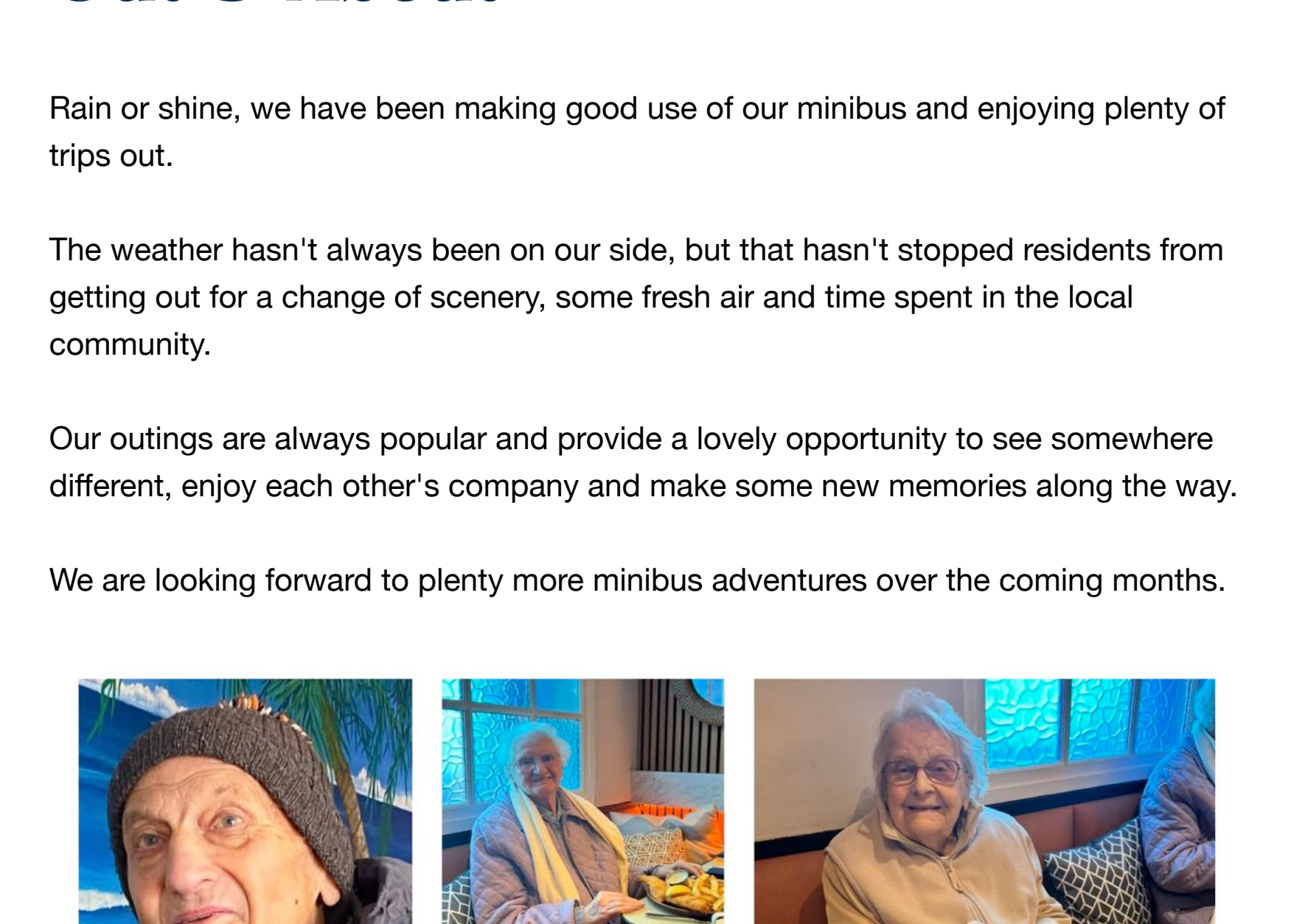
Out & About

Rain or shine, we have been making good use of our minibus and enjoying plenty of trips out.

The weather hasn't always been on our side, but that hasn't stopped residents from getting out for a change of scenery, some fresh air and time spent in the local community.

Our outings are always popular and provide a lovely opportunity to see somewhere different, enjoy each other's company and make some new memories along the way.

We are looking forward to plenty more minibus adventures over the coming months.



Looking Ahead

There is plenty more planned at Hillside Lodge over the coming months, with outings, entertainment, baking, activities and our regular visitors all continuing.

We are also looking forward to following the adventures of our little knitted hedgehogs and seeing just how far they manage to travel around the local community.

As always, we will continue to provide a varied programme with plenty of opportunities for residents to take part in the things they enjoy, while also trying something new from time to time.

Thank you for your continued support of Hillside Lodge Care Home. We look forward to sharing more of our news with you in our next newsletter.

EXTERNAL LINKS

Social Media

Make sure to check out the Hillside Lodge Care Home Facebook Page for all our latest photos!

[Don't Forget To 'Like' Us!](#)

[Carehome.co.uk & Google Reviews](#)

[Hillside Lodge Care Home](#)

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